HPAC’s 14 services to support fall 2023 entry into professions schools

1. A **Guided Brainstorm** to consolidate the activities, stories, and self-awareness you’ll need to complete the application, essays, and interviews.
2. A **Personal Statement Workshop** to help you plan, draft, and self-edit essays.
3. Biographical Form EY 2023, a “mock application” matching the application service that most UT Dallas medical and dental applicants will use in May-June 2022.
4. Professional portraits for you to use in applications and resumes.
5. Revision of your Biographical Form and essays with an assigned HPAC advisor.
7. Guided planning to strengthen any weak areas in your application.
8. Guidance on selecting recommendation letter writers to optimize your application.
9. An Interview Skills Workshop to prepare for professional school interviews.
10. An Application Seminar to help you navigate the health professions applications.
   • Medical and dental applicants only.
12. Clearinghouse services: electronic distribution of up to 5 letters.
   • Medical and dental applicants only.
13. HPE process: interviews with UT Dallas faculty or staff.
   • Limited seats. See [INSTRUCTIONS TO JOIN AND COMPLETE HPE FOR EY 2023](https://oue.utdallas.edu/pre-health/apply-to-schools/makepdf).
14. HPE process: a committee evaluation to accompany your recommendation letters.
   • A Health Professions Evaluation (aka “committee letter”) does not necessarily strengthen your
application. It helps medical and dental schools to read your application accurately by emphasizing key points and providing additional context.

- About 85% of medical schools prefer for applicants to use a Health Professions Evaluation process if available.
- Limited seats. See [INSTRUCTIONS TO JOIN AND COMPLETE HPE FOR EY 2023](#).

**FAQ**

**When do I apply to professional school?**

In summer before the year you hope to enter. Applicants for EY 2023 apply in summer 2022—usually late May or early June. Over the next two semesters, professional schools conduct interviews and offer acceptances. During that time, HPAC will help you to strengthen your application in case you need to reapply the next summer.

**When do I take admissions tests?**

After you’ve prepared for it, and not before. [Director Rainey’s Recommended MCAT Prep](#) offers some tips.

HPAC recommends that you prepare to take admissions tests by May-June of the year you apply.

**When do I ask for recommendation letters?**

If you DON’T plan to use HPAC’s clearinghouse or HPE services, writers will submit their letters directly to the application services in summer.

If you plan to use HPAC’s clearinghouse or HPE services, start by registering online: [INSTRUCTIONS TO JOIN HPE AND OTHER SERVICES FOR EY 2023](#)

Give each writer a [Letter of Evaluation Form](#), usually in spring, along with your revised Biographical Form. Writers send their letters to prehealth@utdallas.edu using that form as a coversheet. HPAC will e-mail you periodically to let you know which letters we’ve received.

**Do I need 5 recommendation letters?**

Most professions ask for 3 letters, including 2 faculty from biology, chemistry, physics, math, statistics, neuroscience, or engineering. If you have significant research or teaching experiences, it is common to ask your supervising professors; if not, chose whichever faculty know you best. Some schools demand that the 3rd letter be from a healthcare professional (i.e. many dental schools require a recommendation from a dentist). HPAC’s clearinghouse or HPE services can collect and upload up to 5 letters on your behalf. A 4th or 5th letter should highlight qualities or experiences not addressed by the first 3 letters.
### Can I use old recommendation letters?

Letters supporting an application for EY 2023 should be dated no earlier than May 1, 2021. Some wiggle room may be possible for students who complete the HPE process.

If the letter was written before May 1, 2021, contact the writer to request an updated letter.

### How helpful is a committee letter?

Very helpful in some cases, because a committee evaluation can help readers to understand experiences or qualities that aren’t reflected elsewhere in your applications. While revising your Biographical Form, your assigned advisor can help you decide whether it would help you more to apply with a committee letter or apply earlier without one.

### How do I receive a committee letter?

**INSTRUCTIONS TO JOIN AND COMPLETE HPE AND OTHER SERVICES FOR EY 2023**

If you need to reapply to medical or dental in 2023, you are guaranteed a committee evaluation. Note the special instructions for students who went through HPE last cycle.